

# exposure

April 2018

The combined magazine for the nuclear community



## Opt-in to exposure

You have to 'Opt-in' to Be in!

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## Paris - Rekindling of the flame

Veterans trip to Paris, marking the end of an era for one.

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## CHRC Launch

The CHRC has launched, read about the event.

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## Prohibited Zone

The atmospheric photography of Paul Ogier

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Next issue copy  
deadline for all  
editorial sections:  
**1st June 2018**



## Foreword

From the very early days of the British Nuclear Test Veterans Association, a newsletter was printed and distributed amongst members, From simple typed and copied sheet through to the creation of the Campaign Magazine it has been the definitive platform for information that nuclear community members turn to for news and information.

When we drew up plans for future projects the Nuclear Community Charity Fund board realised it needed a vehicle to get news and information out to our beneficiaries. We estimate that there are between 100,000 and 140,000 people in the UK who are related to our 3,000 or so surviving Nuclear Test Veterans. Many of these people do not even realise their heritage.

Every day new people find their way to the nuclear community through groups like Fallout. Many of these people have health needs and questions about their heritage. Sadly many have lost the veteran in their family, they are keen to learn what they experienced and to build a connection with their past.

By bringing you this new magazine through our communications project also linking to the developing online museum, we are addressing these issues. Our other research projects will begin to answer some of the medical questions and the Care Wellbeing and Inclusion fund is there to help with today's problems.

In Exposure you will find editorial sections from the Center for Health Effects of Radiological and Chemical Contamination (CHRC), The Nuclear Community Charity Fund and OBSIVEN, bringing you international nuclear community news.

We are working really hard to make Exposure the success story the nuclear community deserve. Please get in touch and share your stories and memories, put a call out to contact old comrades or to see if anyone remembers your father or grandfather.

When you have read your copy why not pass it on to your family or amongst your friends. Use it to spread the word and together we can reach those 100 thousand!

You can also visit the Exposure Online Magazine at  
[www.exposure.press](http://www.exposure.press)

### Contact Us

For advertising or any  
other enquiries:  
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Castle Donington  
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### Exposure Online

See the magazine website at:

[www.exposure.press](http://www.exposure.press)

Come along and get involved  
– you can even sign up for  
breaking news alerts and  
features direct to you inbox.

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### Exposure



### Opt-In to exposure

Opt-in to be part of the community.

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**exposure**

### Obsiven



### Paul Ogier

Take a look at the photographic  
work of Paul Ogier.

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### The NCCF



### Paris 2017

The rekindling of the flame.

P12



### CHRC



### The CHRC Launch

The CHRC has launched, read about  
the launch day.

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### Exposure Online

See the magazine website at: [www.exposure.press](http://www.exposure.press)



# Change and Evolution the story of Nuclear Community Journalism

To better serve the needs of our nuclear community we developed a bid for the Aged Veterans Fund to finance the production of an entirely new magazine from the Nuclear Community Charity Fund that will incorporate all the exciting things happening and keep you completely up to date with the latest developments.

Launched as an entirely independent charity, the NCCF is the singular organisation for our Nuclear Community. Only the NCCF is leading and developing great projects across the spectrum of issues we face.

The creation and management of the Care Wellbeing and Inclusion Fund (CWI Fund) is providing much-needed help to ease suffering amongst Veterans, their Spouses, Children, Grandchildren and Great Grandchildren.

The legacy of the tests passing through our germline causing illness and suffering through the generations is a sad situation we all have to live with but by using the CWI Fund we can make that difference to the neediest and because of the way we have structured the fund this help will be available for at least the next 15 years.

The establishment of the Centre for Health Effects of Radiological and Chemical Agents (CHRC) at Brunel University London bringing together all the research and knowledge about our community, identifying where the gaps are in that knowledge and propagating research to bridge those gaps providing a complete scientific, policy and educational resource to the benefit of our community.

The delivery of the Remembrance project, refurbishing our memorials and linking them to a virtual museum preserving our heritage for years to come, connecting generations and bridging all our projects to ensure we will not be forgotten.

The OBSIVEN initiative linking Nuclear and Chemical survivor communities across the globe to share experience on research, litigation and publicity enhancing the efforts of our international community to obtain proper recognition and support.

These are all very exciting and hugely important changes within our world and the new magazine will reflect this.

More and more British Nuclear Test Veterans and their families are benefiting from the work

of the NCCF and are signing up to receive the new exposure magazine. Don't be left behind you can join the NCCF completely free this year and guarantee your copies of Exposure magazine

From the early days of the old BNTVA, a magazine has been produced for the community. The original home produced handouts evolved over the years and as the organisation grew and technology changed, the quality of the magazine improved.

With the old BNTVA coming to an end as a result of last years conference decision to end its charitable status as a membership organisation. Two new charities have now been launched with the assets of the old BNTVA being vested across.

The new BNTVA is Foundation Charitable Incorporated Organisation, which basically means that it operates as a charity but does not have any voting members other than their Trustee board.

The NCCF also launched as a Foundation CIO and is now delivering the most vibrant exciting activities the Nuclear Community has seen in its entire history. Exposure magazine will cover all the great news stories coming from these activities.

We are delighted to have secured the services of Steve Bexon on the Exposure magazine team, joining us as Editor in Chief, Steve brings his experience of editing and producing the old BNTVA Campaign magazine and over 20 years as a designer.

Exposure is built of independent editorial sections, essentially magazines within magazines.



This is a great opportunity to be involved from the very beginning of a new publication. I had taken what could be done with the old magazine to the limit, now with the new format and wider audience Exposure really is the publication for the combined Nuclear Community.

**Steve Bexon**  
Exposure Magazine Editor in Chief

Each editorial is produced by different groups taking part in the NCCF initiative to join the Nuclear Community and forge links with other communities of common bond. Currently the NCCF, CHRC and OBSIVEN editorials all combine to give you more information. Like all big magazines we have an online version: **exposure.press** is the place to visit.

Please share Exposure magazine with family or any veteran friends you have. There are over 100,000 in the British Nuclear Community and we need to connect with them all.

We understand the New BNTVA will continue to produce a campaign magazine.

# You have to 'Opt-in' to Be in!

Data Protection, a subject soon to be in the news on a daily basis as the General Data Protection Regulation (GDPR) (Regulation (EU) 2016/679) becomes enforceable from 25th May 2018.

The NCCF is ensuring compliance with the regulations to protect any data we may hold about you.

What all this means is that any organisation that collects data about people must have a legitimate reason for holding and processing that data and a system in place to ensure the data is kept safe, secure and is only used for the identified purpose.

You will receive lots of 'Opt-In' requests from all the different organisations you interact with in your daily lives as they all move toward full GDPR compliance.

The biggest change for you as individuals is that there is no longer a presumed 'Opt-In' for communications to be sent to you over different media. This has changed to a presumed 'Opt-Out' and a user-driven confirmed 'Opt-In'.



## What do you need to do to ensure you keep receiving both Exposure Magazine and Information from the NCCF?

If you are on-line or have a relative who can get on-line for you the easiest way is to type the following web address into a browser and complete the form. [www.thenccf.org/join](http://www.thenccf.org/join)

When you complete the form you have a number of options where you can select to receive free news and information direct from the NCCF, You can also elect to subscribe to the NCCF to receive your copy of exposure magazine. This subscription is free for the first year and then only £10 a year thereafter!

That's amazing value to be part of the only organisation managing £6 million worth of projects and initiatives into our community.

If you can not get on-line please complete the form included with this magazine and post to:

**The NCCF**  
PO Box 8244  
Castle Donington  
DE74 2BY

The NCCF need your details so that we can contact you direct especially about community events we may be organising in your area or additional support that may be available to you from other charities engaged in the Aged Veterans Fund.

Make your choice 'OPT-IN' and be a part of our fantastic community.

# Exposure Online

Like all modern magazines Exposure has its very own on-line website.

The site is not a duplication of the magazine, although many stories may appear on the site, it contains up to the minute news, features and items of interest to our collective community.

## [www.exposure.press](http://www.exposure.press)

Come along and get involved - you can even sign up for breaking news alerts and features direct to you inbox.



# Tired of wasting money on greeting cards?

Join the ecard revolution and help your charity at the same time!

We are thrilled to team up with **'dontsendmeacard.com'** offering you an environmentally friendly way to send ecards to Friends, Colleagues, Relatives and Loved ones with the charity benefiting from a donation for the cost of the card or postage.

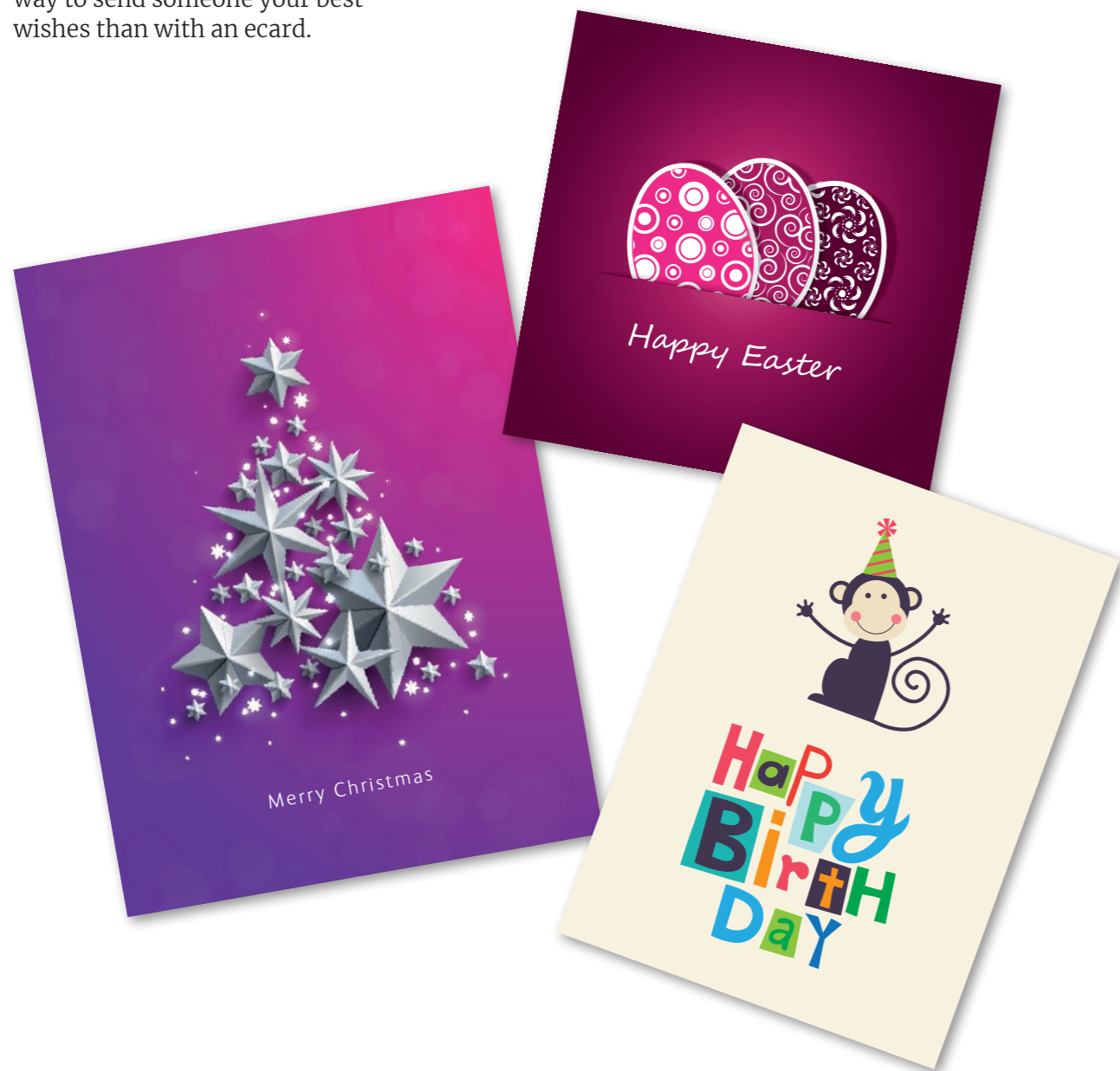
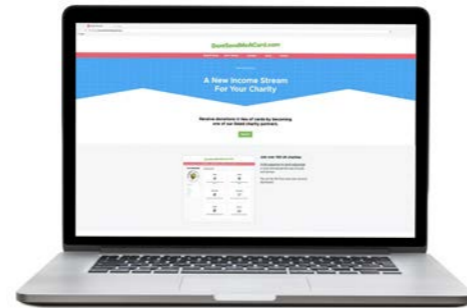
This great initiative is being used by many of the UK's leading charities as people revolt against the extortionate prices for greetings cards. What better way to send someone your best wishes than with an ecard.

The NCCF are even launching our own range of cards that can be sent out for special occasions, Christmas, Birthdays and even National Atomic veterans Awareness Day.

You can visit the special NCCF portal at **dontsendmeacard.com** by typing the following link into your internet browser

<https://goo.gl/mqS4pr>

**DontSendMeACard.com**



## The Nuclear Community Charity Fund

### National Atomic Awareness Day 2017 - Manchester

The dedication of the BNTVA's new memorial stone.

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### Paris 2017

A reflection on a career with the BNTVA

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### Care Wellbeing and Inclusion Fund News

Find out all the latest news and facts on the fund to date.

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# National Atomic Veterans Awareness Day 2017 - Manchester

The BNTVA memorial Stone had been moved during the alterations to accommodate Manchester's tram system. The area around the main Cenotaph had been redesigned but it appeared that the memorial stone which had been dedicated by British Nuclear Test Veterans some years before had completely disappeared.

Local Veteran and former National Standard Bearer Terry Washington was very concerned at the apparent loss of his local memorial and campaigned for a number of years to have it located and restored. Sean Morris, Principal Policy and Research Officer at Manchester City Council, has been a long time supporter of the British Nuclear Veterans cause and he teamed up with Terry to make this happen.



Terry Washington



“Those lads have all gone now but they would be pleased to see they are still remembered, it's been a very emotional day for me.”

**Terry Washington**  
National Standard Bearer ret'd

The NCCF had been aiming to unveil the enhancements to its National Memorial at the NMA during NAVAD 2017 but delays over planning applications meant that building work would not be able to start there until the ground stabilised after winter in 2018. Jeff Liddiatt, NCCF Chairman had taken a keen interest in the plight of the Manchester memorial and its discovery presented the ideal opportunity to combine its relocation with a formal unveiling and rededication ceremony.

The stage was set, BNTVA Chaplain, The Very Reverend Nicholas Frayling worked on the service and dedication ceremonies, organising contributions from multi-faith leaders and dignitaries from the Manchester community. The NCCF organised the Bugler, Piper and advertising of the event while Sean managed the Council contribution and approached the Lord Mayor of Manchester to take part in the event.

The original memorial was a single stone which was laid flat however, Manchester Council decided that they wanted to improve the appearance of the memorial in its new home by mounting the original one on an impressive sloped plinth. Under the NCCF Remembrance project, we are installing QR Codes on all memorials, these code plaques can be scanned by smartphones and link the visitor into our new virtual museum. The Manchester Memorial became the first one to be included in this exciting venture.

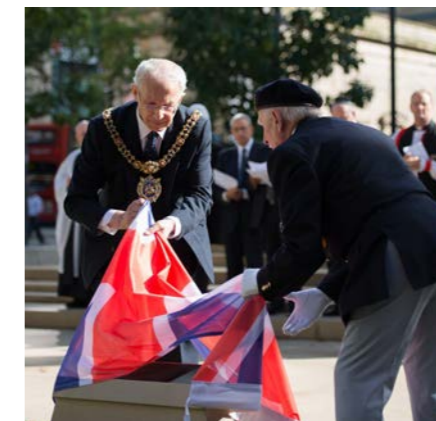
After a lot of planning the event was set and it was announced that the ceremony would be followed with a Civic Reception hosted by the Lord Mayor of Manchester.

We gathered on what started as a damp October day beside the magnificent Manchester Town Hall. As the ceremony commenced the Piper began to play, the sounds of the city dampened down and many people paused to watch, the skies cleared and the sun broke down upon us.

There could only be one person to unveil the new memorial, the same person who's dogged determination had resulted in its restoration, Terry Washington. After the event, we spoke to Terry and he remembered the people he was with on the day the original stone was dedicated. He said: “Those lads have all gone now but they would be pleased to see they are still remembered, it's been a very emotional day for me.”

Alan Owen and Jeff Liddiatt laid wreaths from the BNTVA and the NCCF. Don James and Ron Watson were Standard Bearers for the event. The lament, faultlessly played by the Piper brought many people to a halt in the centre of that busy city.

The comments from the heads of the multiple faiths represented in Manchester reminded us that remembrance and the lessons we need to learn from it are the same across all religions and peoples. Once the ceremony ended the Lord Mayor of Manchester, Councillor Eddy Newman invited all to a Civic Reception in the decorative Town Hall. At the end of the reception, a number of speeches were given including a moving thank you to the people of Manchester from BNTVA Chairman, Alan Owen.



Top: Leaders of all faiths and dignitaries await the dedication ceremony  
 Second Row - Centre: The Lord Mayor & Terry Washington unveiling the memorial  
 Third Row: Dignitaries pay their respects  
 Bottom: The new BNTVA memorial



# Paris 2017

## Reflection on a career with the BNTVA

At the end of July 2017, a small group of British Nuclear Test Veterans journeyed to Paris to take part in the 'Rekindling of the Flame' ceremony at the Arc de Triomphe. Among their number was Jeff Liddiatt, former Chairman of the BNTVA.

This was to be a special occasion for Jeff as it marked the end of his official duties for the BNTVA.

Jeff worked selflessly for the BNTVA for many years, at some points he was the only person carrying the Association forward. During his time as Secretary, he formed a partnership with Nigel Heaps which saw the Association evolve into a Charity and engage veterans offspring culminating in obtaining official recognition of the contribution of our nuclear veterans to the development of the British Nuclear deterrent and the establishment of the Aged Veterans Fund.

Jeff and Nigel established the firm bond of brotherhood between the French and British Veterans. Twelve months earlier, as BNTVA Chairman at the Arc de Triomphe, Jeff and Jean-Luc Sans, President of Aven, signed an accord which launched OBSIVEN as an international organisation of cooperation for the nuclear survivor community.

As Jeff stood shoulder to shoulder with his French counterparts at the tomb of the unknown soldier looking at the flickering eternal flame he thought back to his grandfather killed in action almost 100 years before on the Somme in the First World War, and of friends and comrades blighted and lost from their participation in the nuclear testing program, of those French servicemen and their families, of their loss and suffering, of all loss and suffering, then he stepped forward and placed a simple poppy wreath.

This had been a very emotional and tiring day, a day marking the change in the BNTVA. Jeff, confident that the organisation he had been instrumental in achieving a solid basis for the future, could only go on from strength to strength. Returning to the hotel he looked forward to his next challenge, leading the newly formed Nuclear Community Charity Fund, delivering projects under the Aged Veterans Fund grant into our British Nuclear Community.



Former BNTVA Chairman Jeff Liddiatt with other dignitaries at the Arc de Triomphe



The signing of the Ledger



Jeff greeting the French standard bearers

# National Memorial Arboretum NAVAD 2018



As part of the Remembrance Project the final extensions to the new British Nuclear Test Veterans memorial in the National Memorial Arboretum at Alrewas will be unveiled in a dedication ceremony lead by the BNTVA Chaplain. This will be followed by an afternoon tea reception.

The event will take place on 3rd October 2018 during our celebration of National Atomic Veterans Awareness Day and is free to attend. To reserve your seat at the complementary afternoon tea please send details of your party to:

**NAVAD 2018**  
**The NCCF**  
**PO Box 8244**  
**Castle Donington**  
**DE74 2BY**

Alternatively email your details to [office@thenccf.org](mailto:office@thenccf.org)

The improvements to the memorial include two new engraved marble panels depicting the test sites. The brass plaques that used to be on the benches by the

memorial will also be fixed to the new memorial and there is an opportunity for anyone wishing to purchase a brass plaque in memory of their loved one for mounting on the memorial.

These improvements and the provision of the event are all courtesy of the NCCF through it's Remembrance project.

If you have a direct connection to the memorial at Alrewas; you may have attended the very first dedication ceremony of the old memorial or have some other connection to this special place, we would love to hear from you. The Remembrance project is developing an online museum and we want to collect as many memories and images as possible to fill the virtual museum.



The current BNTVA memorial

To enquire please contact:  
**Remembrance at the NCCF**  
**PO Box 8244**  
**Castle Donington**  
**DE74 2BY**

## Eventbrite

You can also register for this event online and Free at: <https://goo.gl/z3jHPY>



# Where are our Nuclear Veterans Memorials?

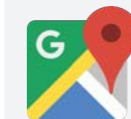
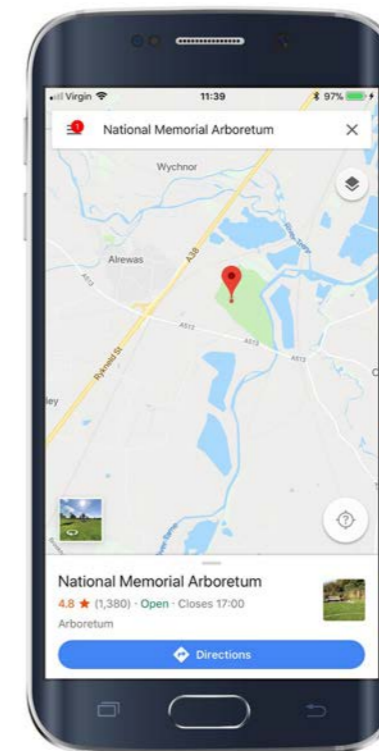
Over the past thirty odd years, the British Nuclear community has been involved in the siting of numerous memorials. From the main memorial in the National Memorial Arboretum at Alrewas through to the dedicated carved table at The Don - War Memorial Bar in Stockton-on-Tees these memorials span the country.

The NCCF Remembrance project has been established to refurbish and re-dedicate all our memorials: ones created by independent members of the community and those funded by the old BNTVA. We will link them together in a virtual museum preserving and sharing the heritage of our Nuclear Community.

We know where many of the memorials are located but believe there may also be a number of smaller memorials dotted across the country. Our first task is to locate and survey them all to produce the program of refurbishment.

This is where you come in... We would like you to visit any Nuclear Test memorial you know about, take some pictures and let us know where it is.

The easiest way of doing this it to take a younger family member equipped with a smart phone. They can take the pictures and also using Google Maps they can pinpoint exactly where the memorial is.



## Find where you are

On a smart phone

- Open Google Maps
- Once it pinpoints where you are hold your finger over the blue dot until a red pin appears
- Click the **More Info** at the bottom of the screen
- Click **SHARE** and select the **email** icon
- Your mail will open with a new message containing a link to the memorial
- Use the paperclip to attach some photos of the memorial
- Type **office@thenccf.org** into the to box and press send



The Google Maps app is available for iOS on the App Store and for Android on the Google Play Store.



If you want to tell us about your visit and the state of the memorial please include in the email.

When we arrange a rededication ceremony we will select the person to be invited to unveil the memorial from those who have sent pictures in.

# Wider Community of Aged Veterans Fund Supported Charities

At the end of January Nigel as the representative of the NCCF attended workshop event where representatives of all the different charities delivering projects using AVF Funding got together.

Over the coming issues of Exposure Magazine we will feature articles from these other charities, detailing their projects and, more importantly for you, detailing where they are being delivered along with the beneficiary criteria. This is very important because there are undoubtedly members within our nuclear community who could benefit from some of these projects.

Because finding the right avenue to raise an enquiry may seem a little daunting you can always contact the NCCF Office either by email to [office@thnccf.org](mailto:office@thnccf.org) or use our telephone callback service by leaving your details on the answerphone at **0115 8883442**

## Projects



**Age UK Yorkshire and Humber**  
Working with local Age UK charities to develop and support new and existing services that improve the health, wellbeing and quality of life for older people across the Region including: Information and advice, Help with applying for state benefits Social activities, e.g. luncheon clubs, reminiscence groups, outings – Volunteering opportunities – Befriending service – Support at home.



**The St John and Red Cross Defence Medical Welfare Service (DMWS)**  
Unforgotten Forces project is a partnership between 15 leading organisations which deliver a range of new services and enhancements in areas including advice, access to healthcare, social isolation, respite, along with creative activities and events for those in care settings. This project is operating across Scotland, in Greater Manchester and Bristol.



**Royal Naval Association - Project Semaphore**  
The aim of the project is to reach out to isolated RNA veteran members - who are judged by a BT reach survey to be worse off by at least £1,000 due to lack of access to the internet - and to provide them with an iPad and iPad/internet familiarisation training. With modern and mobile technology, those previously isolated will be able to connect with their friends and regain some of their independence.



**Rowans Hospice**  
A project based in Portsmouth and South Hants area providing two levels of support to aged veterans: Rowans Living Well Centre providing access help and information, and engage in practical and therapeutic activities that support independence and well-being. Enjoy a space where you can relax with a tea or coffee, chat with others in similar situations and make new friends. Veterans Companions project provides trained volunteers to act as home visit companions, this project is also looking for ex-service personnel to volunteer and train to become part of this service.



**Joining Forces**  
An Age UK SSAFA partnership Project to support the quality of life and wellbeing of veterans (anyone who has completed at least 1 day of military service) born before 1950 and their family and carers. offering person-centred conversations to older veterans and their family or carer. These local projects will take place in the following areas: Cheshire East, Darlington, Gloucestershire, Lancashire, Leicestershire & Rutland, Nottingham & Nottinghamshire, Portsmouth, Tyne & Wear, West Cumbria, Wirral, Wolverhampton and Worcestershire.



**Ex-Forces Support North Yorkshire**  
Provides a range of services aimed at raising awareness of the issues faced by older and ex-members of the armed forces and enabling them to lead fuller lives. This service covers all of North Yorkshire.



**Seafarers UK**  
Through the Nautilus Welfare Fund The Nautilus Welfare Fund, provides financial support to retired seafarers and their dependants across the UK and operates The Mariners' Park Care Home providing residential care and nursing care, as well as short breaks and respite care to retired seafarers and their dependants.



**Project 360°**  
An innovative partnership project led by Age Cymru, working with Woody's Lodge, and Age Alliance Wales members to support older military veterans across Wales.



**Royal Air Force Benevolent Fund**  
Princess Marina House Respite & Care breaks in Rustington, West Sussex.



This was a really productive event, so many different initiatives both national and regional addressing the needs of our veteran community. The overriding feeling of the day was undoubtedly one of the need for unity and cooperation to drive the synergy of the AVF effort forward to maximise the impact of all the projects within their target populations.

**Nigel heaps**  
BH Associates



# Care, Wellbeing and Inclusion Fund News



## General

The NCCF won its bid for the funding of Phase II projects in 2017. Because of the need to make all necessary arrangements for the transfer and investment of the endowment, the funds did not arrive in the NCCF accounts until November 2017.

This has had a significant impact as the monies will need to be invested for twelve months to produce a usable return to fund Care Wellbeing and Inclusion Fund grants.

Meeting on the 14th December 2017 the Trustees of the NCCF agreed on the following measures to ensure fund availability for the neediest in our nuclear community using the remaining Phase I monies to span the hiatus:

Care, Wellbeing & Inclusion Grants - Cap at £15,000. Only one grant per 18 months. Simplified Applications (for measures under £300) Scheme suspended. For review in December 2018. On lifting of suspension the scheme to be restricted to purchase of adaptations that directly address health and wellbeing issues.

Assistance to Attend Events - No funding available throughout 2018. No schemes will be created.

If you have a care, wellbeing or inclusion issue please do not hesitate to contact us.

## CWI Fund User Experience Survey

Around the time you receive this magazine we will be conducting a survey amongst everyone who has been involved with the CWI Fund. Whether an applicant has received a grant or not their input is valuable, we need to look at the entire experience.

We have already implemented a number of changes and introduced new controls like the Reviews and Appeals function but with the help of those who have used the system, we want to make it better.

We will be sending the survey to everyone we know who asked for a main grant application form. Some people from the earlier days of the scheme asked for a form but did not make an application - If you fall into this category and do not receive a survey form in the next few weeks please contact the NCCF at our PO Box and ask for the survey as we really need to understand why you didn't submit an application. All survey replies will be anonymised and the data collected together to help us understand problem areas with the scheme and process.

## Urgent & Time Critical Applications

The members of the Grant Panel meet four times a year so if an application is received shortly after a meeting it may be three months before the panel review the case. In many situations, this is not a great issue however in around 5% of applications the provision is needed much sooner. This is where the Urgent/Time Critical system comes into play.

If you know there is a time constraint relating to your application or that your situation makes it urgent then please tell us when making the application. We can take the application direct to the Grant Panel Chairman to see if we can get an urgent/time critical processing agreed.



## Key Points about CWI Fund Grants

The monies won by the NCCF do not come without condition or accountability. When assessing each case the Grant Panel must keep in mind the following conditions.

There is no duplication of State Funded Provision. If you can obtain the goods, service or therapy from NHS, Council or other Government organisation then we can not use monies from the fund to duplicate this. There is a minor exception and that is if the state provision is not available within a reasonable period of time and lack of access to that provision is causing daily suffering.

There is no reimbursement for purchased goods, services or therapies. There is a twofold reason for this: The fund is not allowed to make cash grants direct to individuals and the tactic of pre-purchasing and then asking for support places an undue burden on those trying to make an objective decision.

We have a number of suppliers for specific provisions that we have built a relationship with that benefits both the fund and our beneficiaries.

We often engage the services of a professional Occupational Therapist service to conduct a full review of applicant needs in and around the home. This gives both the applicant and the Panel an objective professional view on any measures that can be provided to tackle the issues addressed by the fund.

The Grant Panel do not know the applicant's identity. This is essential as we need to make completely objective decisions. Every application is anonymised and the relevant information from the application is processed into a standard format for presentation to the Panel. Occasionally factors relevant to the decision-making process may hint at the identity of an applicant. Should a Panel member suspect they know the identity of an applicant they declare a conflict of interest and absent themselves from that particular case consideration.

Openness and Honesty is the best policy. We do conduct checks upon applications to test claimed facts. You may think that an aspect of your application may prevent you from getting help and so try to obscure it.

This is not a good idea, very often omitted information will come to light during the initial processing which then delays your application whilst we establish a true picture.

We do not cap applications based on wealth. Because the scheme is to reduce suffering and increase wellbeing we have to balance the ability of a person to address their need against their situation. If someone could easily afford to fund the solution to their issues from their disposable income or savings then they are not suffering as much as a person who can not afford it. We prioritise to help the most needy.

We can not give grants for property maintenance. We can only fund measures which directly address the reduction of suffering regarding Care Wellbeing and Inclusion issues.

If you have any questions about the Care Wellbeing and Inclusion Fund please write to:

**The NCCF CWI Fund**  
**PO Box 8244**  
**Castle Donington**  
**DE74 2BY**

or email: [office@thenccf.org](mailto:office@thenccf.org)

# Debilitation, Quality of Life and the CWI Fund - A Case Study

The Care Wellbeing and Inclusion fund were approached by the daughter of an RAF Christmas Island Veteran, She had serious mobility issues due to the musculoskeletal problems she suffers.



The beneficiary's downstairs toilet and coal house was turned into a wetroom.

At 50 years old she has the joints of an 80 year old and struggles daily with mobility issues. Despite this and like many of our community members she is fiercely independent and determined to stay in work as long as she can.

"I work as a carer for people with mental disabilities living in the community, I love my work and seeing the difference caring for someone who would otherwise be excluded can make. I do struggle especially at home I could not bathe without the support of my husband. Sitting and sleeping were very painful experiences as was driving. The cumulative effect was to wear me down and make life seem like one long grind."

"I could see no end in sight, every day was a struggle and I was just not getting proper rest. I am not a BNTVA member but I did see on Facebook about possible help from the NCCF so I contacted them."

The **OTPractice**  
EXPERTS IN THERAPY

“

I could see no end in sight, every day was a struggle and I was just not getting proper rest. I am not a BNTVA member but I did see on Facebook about possible help from the NCCF so I contacted them.

**CWI Fund Beneficiary**



Riser Recliner Chair

“

My Father passed away a few years ago and he always felt guilty at the health issues both I and my daughter have. I know he would be so happy to see how the NCCF have helped me as that was all he ever wanted as a veteran.

**CWI Fund Beneficiary**

We sent an application form straight out and from the information that came back, it was apparent that the applicant would benefit from specialist examination and advice regarding her daily living needs.

The NCCF has an arrangement with The OT Practise, a private organisation that provides fully qualified Occupational Therapist assessments across the UK. We arranged for an OT visit and aside from using the report and recommendations to inform the decision-making process on the Grant Panel, we provide the applicant with a copy.

"The OT was really helpful she booked a home visit with me and looked at everything I do during the day from getting in and out of bed, using the bathroom, preparing meals, doing housework, sitting relaxing and driving. Her advice and report were amazing, she showed me ways to do things that really eased the pain. The adaptations she recommended have made a huge difference to the quality of my life."



Perching Stool

"The biggest shock was that the OT informed me I was fully entitled to a blue badge, I never even thought of applying for one, but I took the OT report to my GP and it was all sorted in next to no time."

We put the OT recommendations to the Grant Panel and they agreed the funding. A car seat insert, special perching stool for the kitchen, a riser recliner chair for resting in the front room, a profiling bed and the conversion of a downstairs toilet and old coal house into a wetroom.

Using our contacts in the industry we were able to source the required equipment and very soon everything was being installed. Where building works are required we usually ask the applicant to obtain three quotes from reputable companies. We listen to the applicant as to which company they felt most at ease with and wherever possible look to let the contract to them.



Profiling Bed



"I can not believe how easy this has all been, The form looked a bit daunting at first but once you start to fill it out it's quite straightforward. The team that review the applications and sort out all the things are great and really supportive, they worked to make sure the Grant Panel had a clear picture of my situation, arranged the OT assessment and made sure I was happy with all the work that had been done."

"I'm now much better because a lot of the fatigue has gone, I can do my job with renewed energy and my life has certainly changed thanks to the help I have received."

Applications to the NCCF are completely in confidence, the Grant Panel members do not know the identity of the applications they process, every case is judged on its individual merit.

# Come along and meet the NCCF

The Nuclear Community Charity Fund is having a special community engagement room during the BNTVA Conference Weekend at Weston Super Mare this coming May.

In the Wedmore Suite at the Grand Atlantic Hotel guests will be able to meet a variety of people working on all the projects being delivered by the NCCF.

Dr Rhona Anderson and members of the CHRC team from Brunel University London will talk about their research and the exciting development of the Center for the Centre for Health Effects of Radiological and Chemical Agents (CHRC).

Meet the Care Wellbeing and Inclusion Fund roadshow where you can learn about what help is available and, more importantly, how you can get it.

Learn about the Remembrance Project and the new Online Virtual Museum, find where and when the next memorials to be refurbished and rededicated will be.

See how the communications project will continue to keep you abreast of these developments throughout the year as well as reuniting old comrades and telling the experiences of our International community of nuclear survivors.

You can even sign up and join the NCCF at only **£10 a year** its remarkable value to support the great work we are delivering through our projects and what is even better, the first year is free!

We look forward to welcoming you.  
**Jeff Liddiatt** Chairman NCCF



## The Care, Wellbeing and Inclusion Fund

The NCCF Care Wellbeing and Inclusion Fund is your fund, there to help you when no one else will.

Our community has particular needs, our high incidence of musculoskeletal problems cause many members difficulty performing some of the most basic daily tasks.

The fund is open to all members of the British Nuclear Test Veteran community; Veterans Spouses, Sons Daughters and Grandchildren.

All you need to do is ask, we are here waiting to help - Write to the NCCF at:

**The NCCF CWI Fund**  
PO Box 8244, Castle Donington, DE74 2BY

or email: [office@thencf.org](mailto:office@thencf.org)

Here are some of the things beneficiaries have been provided with since the fund was introduced:

- Wetroom Conversions
- Mobility Scooters (in particular specialist ones addressing specific needs)
- Adaptations to property to facilitate disabled living
- Therapeutic treatment courses
- Bath Lifts
- Handrails
- Panic Alarms
- Specialist lighting



### The CHRC Launch

The formal launch of the CHRC in February.

**P24**

### Establishing the CHRC

The CHRC is now established, read what work has been done.

**P27**

### Why can't I volunteer

We explain how volunteers for the study are selected

**P28**

# Centre for Health Effects of Radiological and Chemical Agents Brunel University London

Thursday the 8th of February saw the formal launch of the Centre for Health Effects of Radiological and Chemical Agents (CHRC) at Brunel University London.



Professor Geoff Rodgers - Deputy Vice-Chancellor (Research and Innovation)

Over 80 visitors from across the academic and veteran communities gathered within the University's Hamilton Centre for the launch of the CHRC. Guests were welcomed by Professor Geoff Rodgers, Deputy Vice-Chancellor (Research and Innovation).

Professor Christina Victor, Vice Dean for Research (College of Health & Life Sciences), hosted the first session of the meeting focussed on the Nuclear Community Charity Fund (NCCF). Jeff Liddiatt, NCCF Chairman, recounted his experiences from the Maralinga test site, through to the development of the BNTVA and launch of the NCCF.

Nigel Heaps MBE, NCCF Portfolio Manager, gave a presentation on the different NCCF projects supported by both Phase I and II of the Aged Veterans Fund. He explained how the idea for a Centre evolved from the Miles and Green Health Audit to the reality being launched today. Nigel finished his presentation by illustrating how all the different projects within the NCCF Portfolio and the CHRC interrelate, greatly enhancing individual project synergy and impact.

Dr Rhona Anderson, Director of the CHRC, detailed the structure and function of the new Centre and outlined the future plans. Starting with activities firmly grounded in the British Nuclear community, the Centre will carry out new research, analyse and describe previously conducted research and also, identify knowledge gaps that could be filled by future research projects. Rhona also illustrated how the knowledge garnered through the CHRC would be disseminated to reach a range of different beneficiaries including through the Centre's new website [www.chrc4veterans.uk](http://www.chrc4veterans.uk) and Brunel's STEAM (Science, Technology, Engineering, Art and Maths) Centre which aims to get children of all ages excited about science and technology.

During the first break, visitors took the opportunity to network and learnt more about the Centre's multidisciplinary research from the selection of posters presented.

Professor Susan Jobling (Director of the Institute of Environment, Health and Societies) chaired the second session focussed on CHRC projects, where the project leaders introduced the current strands of research being conducted by the Centre.



Professor Christina Victor - Vice Dean for Research (College of Health & Life Sciences)



Dr Rhona Anderson - 'Genetic and Cytogenetic' Study & CHRC Director



Professor Susan Jobling - Director of the Institute of Environment, Health and Societies



Dr Louise Mansfield - 'Intervention for Wellbeing' Study



Professor Mary Gilhooly - 'Living with Worry' Study

Dr Rhona Anderson introduced the Genetic and Cytogenetic Assessment of British Nuclear Veterans and their families, aiming to answer whether there is any evidence of genetic change in veterans of nuclear weapons testing and their children, when compared to a control population. Rhona described the scientific basis of searching for cytogenetic markers induced by ionising radiation followed by the rationale behind sequencing their genomes and, the evidence to date for radiation-induced transgenerational effects. Rhona also summarised the complicated approvals process. More details of this project can be found in the CHRC editorial in this edition of Exposure.

Dr Louise Mansfield is a Senior Lecturer in Sport, Health and Social Science. Her research focuses on the relationship between sport, physical activity, health and wellbeing. Louise described how the "Intervention for Wellbeing" study aims to explore how cultural and sport-related activities may help and contribute to improving the health and wellbeing of nuclear test veterans and their families. Louise assured the veterans that the 'sport' referenced in the project was based on the Council of Europe definition: "all forms of physical activity which, through casual or organised participation, aim at expressing or improving physical fitness and

mental well-being, forming social relationships or obtaining results in competition at all levels." The study team are actively recruiting participants, and Louise urged the veteran community to become involved by contacting **Amy Prescott** at the CHRC on **01895 266018** or by email [amy.prescott@brunel.ac.uk](mailto:amy.prescott@brunel.ac.uk)

Professor Mary Gilhooly is Professor of Gerontology and Health Studies, and introduced the "Exposure Worry, Ageing and Cognitive Functioning" project. Mary considered how exposure to radiation and other factors could have impacted upon the cognitive functioning of veterans during the ageing process. She stressed how nuclear veterans represent a very unique group of people who had all experienced a singular large impact event in their lives. Mary focused on the need for research into the impact of exposure worry upon the health of nuclear veterans. More on this interesting project in future editions.

Mr Martin Scholze is a Research Fellow working alongside Professor Andreas Kortenkamp. Martin introduced the concept of studying the effects of mixing chemical contaminants together at commonly accepted 'safe levels'. He explained how some combinations of chemicals can damage DNA more than the sum of their parts, with exponentially adverse health effects, especially in combination



Mr Martin Scholze - 'Radiation and Chemical Mixtures' Study

with radiation. The project team will be looking at the biological effects of chemical mixture effects combined with radiation, and consider the implications for veterans potentially exposed to radiological contamination and other chemical agents they may have encountered.

Professor Susan Jobling brought the presentations to an end and thanked all the speakers and the visitors for attending. Visitors and research teams then took the opportunity for further networking over refreshments around the poster displays.

The CHRC is now officially open and we look forward to some exciting developments over the coming three years. Keep a close eye on the CHRC editorials in future editions of Exposure.

## A short History of Brunel University London



In 2016, Brunel celebrated 50 years as a university. Brunel's history can be traced back much further to 1798 through the predecessor colleges of Borough Road College, Maria Grey College, Shoreditch College, West London Institute of Higher Education, Acton Technical College, and Brunel College of Technology.



Brunel Statue on Brunel University grounds



Brunel University Lecture theatre block, designed by Richard Sheppard, as seen in "A Clockwork Orange".

Brunel's rise since 1966 has been impressive and their reputation has grown year on year. Now a university of 12,552 students - 3,127 students engaged in postgraduate and research study (2017 figures) - their special approach is to combine academic rigour with the practical, entrepreneurial and imaginative approach pioneered by Isambard Kingdom Brunel.

Isambard Kingdom Brunel (1806-1859) is one of the great British engineers of the 19th century. Isambard was born into an industrious family, with his mother Sophia Kingdom working for the Royal Navy and father Marc Brunel being a prominent French engineer.

Isambard took on formal training as an engineer and went on to build twenty-five railway lines, over a hundred bridges, eight pier and dock systems, three ships and a pre-fabricated army field hospital. In addition he was a keen social engineer, building housing estates, churches and hospitals.

Professor Heinz Wolff is perhaps Brunel's most famous scientist, best known as a pioneer in the field of biological engineering. Having coined the phrase 'bioengineering', he established the Brunel Institute for Bioengineering in 1983. Renowned as an inventive and inspirational leader, Prof Wolff endeared himself to TV audiences during the 1970s and 80s as presenter of the BBC's The Great Egg Race.

Other well-known alumni from Brunel include comedians Jo Brand and Lee Mack, footballer Tony Adams, politician John McDonnell, and sociologist Ralph Milliband.

In popular culture, Brunel University London has provided various film backdrops. The grade II listed lecture theatre block, designed by Richard Sheppard and completed in 1971, is famous for its bunker-like Brutalist architecture, and appears in the dystopian classic "A Clockwork Orange". University locations have also featured in various TV shows including Spooks, The Sweeney, Inspector Morse and Silent Witness.

## Establishing the Centre for Health Effects of Radiological and Chemical Agents (CHRC)

The Centre for Health Effects of Radiological and Chemical Agents (CHRC) is a new initiative funded through the NCCF and Brunel University London. The Centre's aims are to explore the health impact of radiological and chemical agents on military personnel and their families.



Members of the external advisory board and scientific experts gather for the first meeting on the 31st October 2017

The CHRC was established to meet the need for nuclear test veterans and their families to better understand any genetic and other health consequences of potential exposure to radiological agents. The initial focus is therefore the delivery of multi-disciplinary research for the aged test veteran community and their families. This will be coupled with a plan for making this information accessible for individuals, academics, clinical providers and policy advisors, with a view to sharing knowledge and enhancing wellbeing.

The work on this exciting new project started in September, drawing together an experienced and motivated team of academic, professional and research staff. A number of Ph.D. students have also been recruited, who will not only deliver new research but will be trained to become the future experts in this area.

You are encouraged to visit the newly developed website [www.chrc4veterans.uk](http://www.chrc4veterans.uk) and to contact the Centre if you have any questions. Currently, the site provides details of the staff and student members, CHRC Governance and current projects. Moving forward, the site will be developed further to become an essential tool for the translation of research findings and a resource for providing educational information. The members of the external Advisory Board, comprising representatives from the nuclear community and scientific experts in related fields of research, met for the first time at the Advisory Board kick-off meeting on the 31st October 2017.

Members took the opportunity to meet some of the new researchers, discussing their work and areas of interest.

Numerous ideas and offers of support were exchanged, and these are now feeding into current and future plans for the Centre. Overall the day was a great success.

You will be pleased to know that recruitment is underway for the 'Genetic and cytogenetic study' after a long period securing all the regulatory approvals required, so if you do receive an invitation via your GP, the Centre would be extremely grateful if you would agree with your family to participate. Please also read the associated 'Why can't I volunteer?' article, which outlines the approved study approach to selecting and recruiting participants. There are other studies the Centre would like you to consider getting involved in and which you can volunteer for. Amy Prescott from Dr Louise Mansfield's team is undertaking research aimed to improve wellbeing and is currently asking for expressions of interest from veterans, their partners, or their descendants to participate in this study (see advert below). We will announce a similar request for volunteers for the 'Living with Exposure worry' project from Professor Mary Gilhooly's team in the next edition of this magazine.

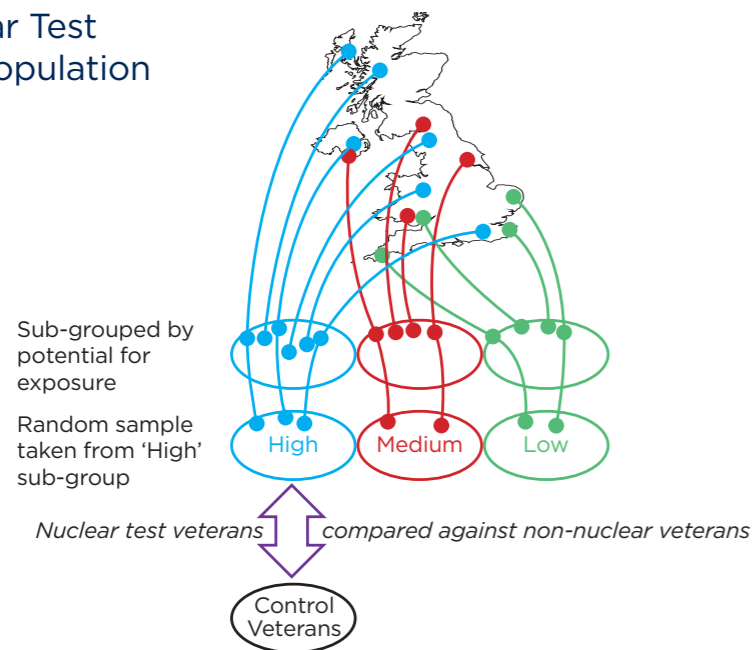
**Dr. Rhona Anderson**  
Director, CHRC

# Why can't I volunteer for the genetic study?

The Nuclear Community Charity Fund (NCCF) is funding research to ask if there is any scientific evidence of genetic changes in nuclear test veterans or their children compared to control veteran families. Recruitment for this study is underway. However, in light of the numerous requests from veterans who wish to volunteer, we'd like to explain why we cannot accept these generous offers of support

In this study we are looking for genetic differences set against a lifetime of exposure to a global background of radiation from a variety of sources including radon gas in the environment and diagnostic exposures. We reason we are more likely to detect genetic differences that may exist if we optimise how we select veterans by using 'stratified random sampling' (Figure 1). This approach restricts our focus to those veterans most likely to have been exposed to radiation because of specific high risk duties such as cleaning contaminated aircraft.

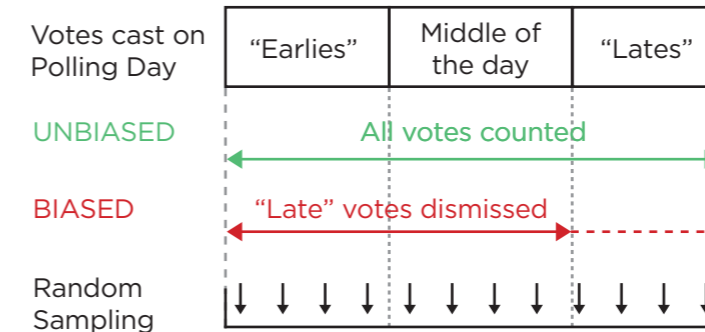
## UK Nuclear Test Veteran Population



**Figure 1**  
Our randomised stratified approach is designed to select veterans who, based on information available, were most at risk of having been exposed to radiation.

Whilst this approach unfortunately prevents individuals from pro-actively volunteering, it will also lessen the impact of any selection bias. A way of understanding selection bias might be to think back to the Scottish referendum. If the last 1 million votes cast on polling day were excluded (from 3.6 million votes cast), then the vote would have been biased in favour of those who voted early at the expense of those who voted later. This would have introduced a selection bias into the referendum (Figure 2).

Similarly, were we to enrol volunteers on a first come basis, volunteer selection would be biased in favour of the "earlies" at the expense of the "lates". This would mean that the veterans enrolled would not be a random sample and therefore would not fairly represent the subgroup of veterans identified as having the highest potential exposure risk. Accepting volunteers who approach us first would also raise issues around the need to retrospectively verify military records and their potential for exposure to radiation, as well as finding, matching and verifying control veterans.



**Figure 2**  
To explain selection bias, here is an imaginary scenario regarding the Scottish Independence Referendum.

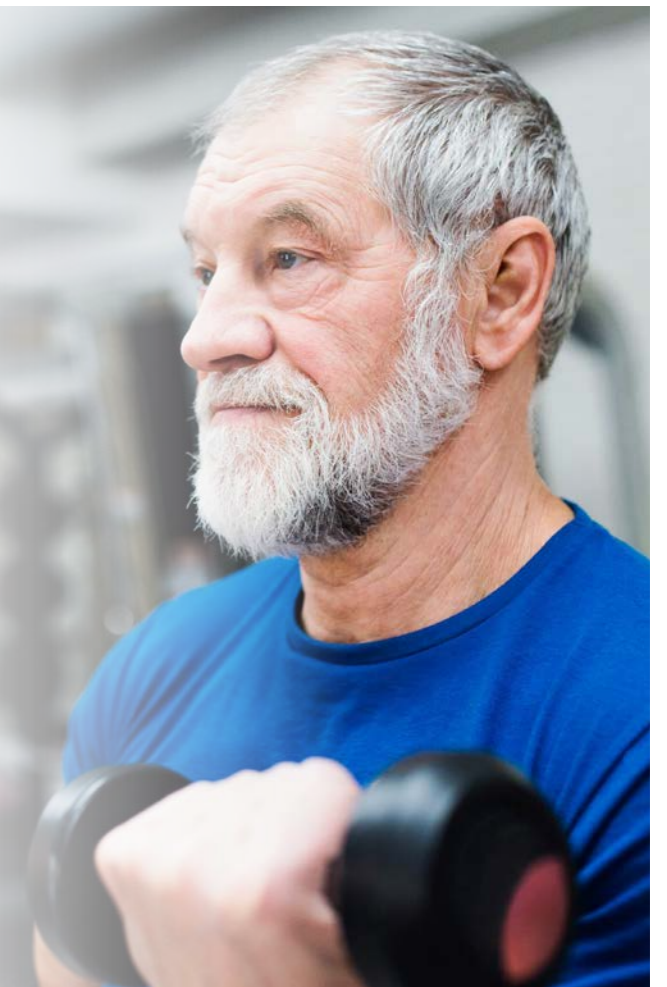
In summary, our experimental approach unfortunately prevents individuals from pro-actively volunteering. Instead, we are randomly inviting veterans from a pre-assembled database of nuclear test veterans we've already identified as having "highest potential for exposure", and who are already matched with veteran controls. Invitations to those who have been selected will come via their GPs. All the parties involved, sincerely hope that anybody approached will agree to take part in this study designed to benefit the UK's nuclear test veteran community.

## Sport, culture & wellbeing:

Developing interventions to promote wellbeing among British Nuclear Test Veterans and their families.

We are looking to speak to people about their role during the British nuclear testing campaign in the Pacific islands and Australia (1952-1967). We want to understand the health and wellbeing of the nuclear community. We then want to explore how culture and sport may help to improve your wellbeing.

If interested, call **01895266018** and leave your name and number. You also can email **amy.prescott@brunel.ac.uk** and we will get back to you as soon as possible. This study is part of Amy's PhD project at Brunel University London and has been approved by the College of Health and Life Sciences Research Ethics Committee (February 2018).



# AVEN Conference - La Rochelle

Last October Nigel Heaps journeyed to La Rochelle on France's west coast in his role as Joint President of OBSIVEN International. The French Association des Vétérans des Essais Nucléaires (AVEN) were holding their annual conference at La Rochelle and had invited Nigel to attend.



Nigel Heaps MBE speaks at the AVEN Conference

I was joined by Don James, former BNTVA Standard bearer. Don and I have been to every AVEN Conference together for the last six years, Don's wife Christine is invaluable in helping with the translation especially when it comes to sorting out speeches. Luckily this year we were joined by Céline Houdoin who aside from representing the offspring of French Veterans is also a great English speaker.

It was rather a long march to their cenotaph and the band set a good pace. The weather was very sunny and after the remembrance service Don and I dropped into a pavement cafe for a little light refreshment.

We were surprised by the arrival of Yann Cambon as we had not seen Yann for a few years so we had quite a bit to catch up on.

Yann was the first French veteran to make contact with the old BNTVA, this led to Jean-Luc Sans and Yann coming across to the conference in Bournemouth and the beginning of our long association.

It was a good conference and the evening meal was preceded by an impressive display of Polynesian dancers.

I am pleased to remain a part of the international community through OBSIVEN, there is so much more we can achieve for our communities by sharing and communicating.

In the UK OBSIVEN operates with no funding, all expenses are met by individuals or the organisations they represent.



The French standard bearers and Don James line up at the Cenotaph at La Rochelle



The BNTVA wreath, laid on behalf on the BNTVA

“

I always enjoy going to the AVEN Conferences as I have made many friends amongst their veterans and supporters, in the past I represented the BNTVA but now I represent the entire British Nuclear Community, a task I am proud to undertake.

**Nigel Heaps**  
President Obsiven International



# Paul Ogier

## The Prohibited Zone - Australian Atomic Landscapes



© Paul Ogier - **Taranaki** (former Maralinga nuclear test site)



© Paul Ogier - **Iwara** (former Maralinga nuclear test site)



© Paul Ogier - **Dobo** (Watson, South Australia)



© Paul Ogier - **Tims** (former Maralinga nuclear test site)



© Paul Ogier - **Freshbore** (former Maralinga nuclear test site)

The photographs in this selection are from a series of images exploring the Australian atomic test sites used during the first decade of mainland nuclear weapon testing, from 1953–1963.

They reconsider the contemporary post-atomic landscape, looking back on the former South Australian test sites established by the British Government at both Maralinga and Emu Field during the beginning of the Cold War.

The images draw on the hidden connections between these nuclear test sites and their military documentation, how these sites historically represent the Australian landscape through the largely unknown and secretive lens of British atomic bomb photography.

Each of the new photographs acknowledge a history of British photography within these sites and this is contrasted against my experience of being physically present some sixty years later. In broad terms, these more recent photographs establish a new visual representation for this Australian

'atomic' landscape. The images allow us look at these particular places from a different perspective, creating a new understanding of place, quietly revealing what the military and scientific community brought to bear on the surface of the earth—revealing the remaining problematic layers of invisible

radiation in heavy, lead-like grey hues. The key argument in the work questions whether the declassified, site-specific British photographs can be seen to bring something new to an understanding of contemporary representations of place and country in Australia.

# Ligue Universelle du Bien Public

## Induction for International Nuclear Community Champion


Nigel Heaps was appointed as a member to the Most Excellent Order of the British Empire in the Queen's 2016 Birthday Honours List for his services to British Nuclear Test Veterans. Continuing his work in the Nuclear Community he has championed the development of OBSIVEN as an international movement to bring all Nuclear Survivor Communities together.

Nigel's continued service to our communities has now been recognised by the 'Ligue Universelle du Bien Public' (Universal League of Public Welfare).

On the 1st of December 2018, Nigel travelled to Paris with his partner Rebecca where they had been invited to a very special event at the Etat-Major de la Garde Républicaine (Headquarters of the Republican Guard). Meeting with Jean-Luc Sans, President of the French Veterans association AVEN and Jean-Claude Kouyoumdjian, both members of the League they were escorted to the investiture ceremony.

The League recognises those who work internationally for the good and justice of all people. Nigel had been invited by the League to be awarded the title of 'Commander of the League with Crown & Palm' for his work promoting the cause of the international nuclear community.

Paris le 30 novembre 2017



**Monsieur Nigel HEAPS**

**OBJET : AVIS DE NOMINATION**

Nous avons l'honneur de vous informer que la Ligue Universelle du Bien Public, après examen de votre dossier, vous a attribué dans la séance de sa Commission des Récompenses,

**la Médaille d'ARGENT avec PALME et COURONNE**  
(Commandeur)

Nous vous adressons nos vives félicitations pour cette distinction dont le diplôme et médaille vous seront remis le **vendredi 1er décembre 2017**, lors d'une cérémonie dans le Salon d'honneur Valmy de la Garde Républicaine :

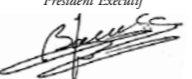
**Etat-Major de la Garde Républicaine**  
**22, boulevard Henri IV**  
**75004 PARIS**

À PARTIR DE 18 HEURES PRÉCISES.

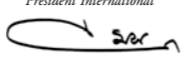
Veuillez nous prévenir de votre participation à cette cérémonie. Une pièce d'identité vous sera demandée à l'entrée. Tenue correcte exigée.

Nous vous prions d'agréer, Monsieur Nigel HEAPS, l'expression de nos sentiments les plus distingués.

**Jean-Claude BAUDRY**  
Président Exécutif



**Serge GUILLEMET**  
Président International



**LIGUE UNIVERSELLE DU BIEN PUBLIC** (reconnue d'intérêt général)  
Loi du 1er juillet 1901 - Décret du 16 août 1901 - Fondée en 1932 - J.O. 13-01-1933 - N° 1616 - Membre des ONG/ONU Comité français  
SIÈGE SOCIAL : Maison de la Mutualité - 24, rue Saint-Victor - 75240 PARIS Cedex 05  
**Administratif : 30, rue David D'Angers - 75019 PARIS - Email : bien.public@orange.fr**  
Tél. : 01 53 72 90 08 - Site web : www.bien.public.over-blog.com



© Claude Bartos  
Nigel receives his medal from the LUBP Brotherhood of the Bar



It is a great privilege to be recognised by such a long-standing organisation, listening to the stories of the other recipients was a real inspiration, there are some fantastic people out there working selflessly for the good of others and it is an absolute honour and inspiration to be amongst their company.

When you look through the roll of people honoured and invested into the League it is quite humbling, from crown princes and princesses through leaders of large business empires, Government Ministers, Members of both the Armed Forces and the Emergency Services, Entertainers, Actors and Personalities.

**Nigel Heaps**  
President Obsiven International

# The League of Public Welfare

was founded in 1464 by Charles the Bold in the form of a confederation with the aim of making King Louis XIth change his attitude to his subjects, as he was belligerent to their needs.

The foundation of the League gave rise to intrigue amongst courtiers as they all wanted to be acknowledged as founders. However, the Lady of Montsoreau achieved the consolidation of the League with the help of the Duke of Berry, the King's brother.

The King eventually took ownership of the League after he murdered the Duke. Over the centuries the League experienced many ups and downs but always rebuilt itself in order to put an end to abuses and injustice that successive monarchies and governments created.

In 1932 it became the Republican League of Public Welfare. It was renamed the Universal League for Public Welfare under the aegis of Paul ORSINI in 1947. Learning from past experience he modernised the Leagues constitution and rekindled the ideal of Good and Justice that had inspired their forefathers.

In 1962 the League was later officially named by decree 'The International League of Public Welfare' so that it could open up to the rest of the world. In 1968 this was changed to 'The Ligue Universelle du Bien Public' (Universal League of Public Welfare) and the organisation could then get support and sponsorship from well-known companies and groups that were willing to cooperate with us to support all great human, intellectual and scientific undertakings.

The Universal League of Public Welfare has been affiliated to the United Nations as a non-governmental organization since 1949. It is also acknowledged by UNESCO and has a status of general interest.

The League is committed to arousing a sense of Public Welfare in all classes of society, it seeks to gather all men and women of goodwill from all countries. The League is also committed to looking with confidence and persistence for visible and hidden merits, knowing that they only praise people publicly for them to become examples. In doing so encourage all to serve and support Public Welfare for France and for the World.

# OBSIVEN Bringing Contaminated Communities Together

OBSIVEN takes the next steps in its final evolution into a truly international conduit for all matters relating to contaminated communities across the globe.

Jean-Luc Sans & Nigel Heaps put the final agreement in place to ensure that OBSIVEN can become a truly international conduit for the sharing of information and experience between contaminated communities around the world.

In May we are having meetings with the US Nuclear Veterans and have already sent introductory welcome messages to many other groups.

In line with the CHRC OBSIVEN will evolve to incorporate all types of contamination that can have an impact on genetic composition; Radiological, Chemical and Biological.

Each country will be able to form its own branch of OBSIVEN where representatives of all the different groups in that country can meet. By forming on an in-country basis each branch can constitute itself independently to be compliant with the rules and regulatory requirements of their home nation. These groups will then link into an international IT conduit where they will be able to exchange information on Research, Publicity, Litigation and Experiences.

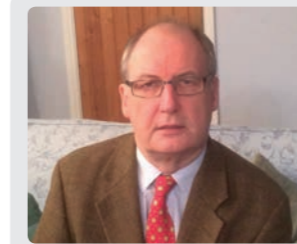
Many governments have worked with each other to share ideas for suppressing our communities and now is the time for us to do the same and hold a light to that dark world of the treatment of contaminated people.



## NCCF Board of Trustees



**Chairman**  
Jeff Liddiatt  
✉ chairman@thenccf.org



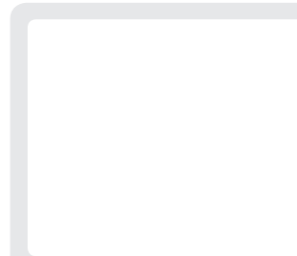
**Secretary**  
Tony Jeffery  
✉ tjeffery@thenccf.org



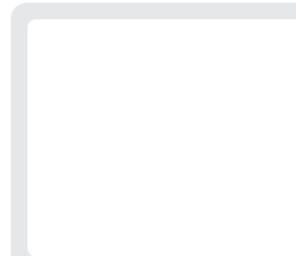
**Treasurer**  
Robert Ireland  
✉ bireland@thenccf.org



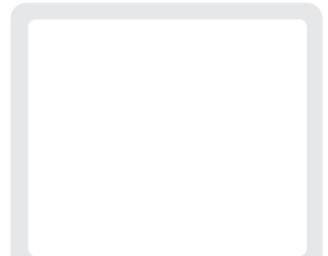
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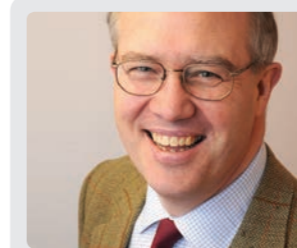


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The NCCF is a  
Charitable Incorporated  
Organisation,  
No 1173544

# Give&Take Care: the community looking after itself

Give&Take Care is a time-bank that aims to promote community-led care for older adults by reducing isolation, facilitating independent living and giving a sense of purpose to older volunteers.



We do so by applying an innovative business model to volunteering schemes and facilitate exchange of support and help between community members. Volunteers offer their help to older adults in their community and by so doing they save care credits that they can use for care when they need it. Older adults receive help and support in their home by volunteers and contribute to the running cost of the scheme by paying a small administrative contribution of £1 per hour of support they receive.

G&TC benefits older adults by:

- providing them with the care and support they need in everyday life (befriending, shopping help, medical appointments lifts, domestic and administrative support) so as to stay in their own home living independently for as long as possible with a small

administrative fee of £1 per hour of care. This can help people stay in their homes, being connected through developed friendships in the local community and being supported in participating in social events.

- by helping them to find volunteering opportunities in the. This can enhance their sense of belonging and purpose but also help them in creating a care savings they can use to receive help.

At the moment we have four sites/localities - where Give&Take Care is running: Wokingham, Slough, Rochdale and Leicester. The next location will be opening in Cornwall in the spring. Each locality is run in collaboration with a local charity or social enterprise and receives referrals from many places, including hospitals, falls clinics, memory

clinics, doctor's surgeries and family members.

Requests for help include anything from company at home to help with administration and paperwork, from giving lifts to medical appointments or taking part in activities to walking a pet! There are also volunteers who give family carers a much-needed break for an hour or so. This help is available as often as one needs and is person-centred, making sure that the CareGiver and the CareReceiver are matched based on common interests, preferences and availability.



Whilst the support is free we ask for a small annual membership fee and £1 for each hour of support received by those who receives care; this allow the scheme to become financially independent and pay for the befriending coordinator and the necessary checks to safeguard our CareGivers and CareReceivers.

Give&TakeCare have received great feedback from its members, with people commenting how nice it is to have company and feel part of the community. Members have said they feel more confident and happy in themselves whilst family members have expressed how relieved they are to know that a parent is receiving regular visits.

If anyone is interested in becoming part of Give&TakeCare, either as a volunteer or someone who would like support themselves, please contact:

Give&TakeCare on  
**01895 267 388** or email  
**contact@giveandtakecare.co.uk**

More information is available on  
**www.giveandtakecare.co.uk**

# Calling all members who live in North Yorkshire.

Did you know there is practical support available for past members of the armed forces and ex-National Servicemen over 65?



Ex-Forces Support North Yorkshire provides a range of fully-funded practical, financial and customised support to improve veterans' lives across the region. This can be anything from a home visit to ensure that you are warm, safe and comfortable over winter, to a handyman service for small jobs around the house, to carers support and advice on grants and benefits. It might also be group activities such as day trips, woodwork, arts sessions and sports groups.

Support is geared to assist you in the way you would like to be assisted, and if we can't accommodate this, we will work hard to find the organisation who can. Overall we are looking to reduce loneliness and isolation and increase wellbeing.

If you are a veteran, concerned friend, family member or neighbour, please get in touch to talk through your needs.

Give us a call on **01904 704177** to find out more or register your interest. You can also send an email to **exforces@communityfirstyorkshire.org.uk**



# exposure

The combined magazine for the nuclear community

Next issue copy  
deadline for all  
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Contributions for Exposure  
magazine should go to the  
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